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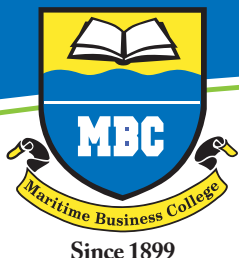


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Missing-man search ends in Peggy's Cove

RESCUE ATTEMPT

Police say he slipped off rocks into sea

Julia Manoukian
Metro | Halifax

Police say a search for a man who fell into the waters off Peggy's Cove has ended.

Allan Greevy and his girlfriend had just pulled up to the Sou'Wester Restaurant when they spotted a fireman darting from rock to rock, frantically motioning toward the sea.

"We started to hear a whole bunch of sirens, and more sirens, and more sirens," he said Wednesday afternoon, still standing in the parking lot.

"We got out, walked up to the rocks and talked to some people," he recalled. "They said (he) had just fallen in within five minutes of us getting there."

Cpl. Greg Church confirmed Wednesday afternoon RCMP



An RCMP officer looks out from Peggy's Cove Lighthouse on Wednesday as a cormorant helicopter and local fishermen scour the water for a man that was washed off the rocks.

JEFF HARPER/METRO

were searching for a 25-year-old man who was swept into sea by a large wave Wednesday around 12:15 p.m.

After six hours of searching by first responders and the Joint Rescue Coordination Centre (JRCC), aided by a helicopter and three Coast Guard vessels, the search was called off at 6 p.m.

Once the conditions allow it, RCMP say their underwater recovery team will be deployed to search for the man's body.

Church said the man was

travelling with a female companion from out of province, but could not confirm his relationship with the woman. RCMP later said the man is from Ontario.

"He went down a bit closer to the water, and his female companion stayed back a bit further and that's why she wasn't swept over the side," Church said.

Mark Quibell, a manager at the Sou'Wester gift shop, said after someone called 911, his team ran out with their buoys

and ropes to help.

"There's not much we can really do ... the girl was standing out there with her dog and I said 'do you see him?' and she said, 'I don't see him anymore.'"

"He was standing down there on the rocks and the wave came and that was it. He was gone."

Other than a drowning in 2010, the rocky shores of Peggy's Cove have been relatively incident free in recent years. Posted signage warns people not to walk on the black rocks.

READERSHIP

Youth choose Metro, NADbank data shows

Metro is the go-to news source for young Canadians.

Almost 3 million people read Metro once a week, and more than 1.2 million are daily readers, making it the second most popular newspaper in Canada behind the Toronto Star, data released Wednesday by NADbank shows.

Some 60 per cent — or 740,000 — of daily readers are between the ages of 18 and 49, with the majority living in major hubs stretching from Vancouver to Halifax.

It's proof that Metro "owns the younger urban market in Canada," said vice-president and editor-in-chief Cathrin Bradbury.

"People are choosing Metro because it's a reflection of their lives, and the cities they call home," Bradbury said. "It is the paper that best captures the essence of what they're passionate about and explains the issues they face."

John Cruickshank, publisher of the Toronto Star and president of Star Media Group, said he's thrilled with Metro's readership growth in a number of cities, particularly those in Western Canada.

"While the capacity of others to cover the market shrinks, Metro — because it's focused on news delivery — will continue to rise in these crucial markets," he said.

The paper's appeal to younger people helps complement other Star Metro Media products, he



Matt Jamieson, 22, reads the Metro in Halifax during his lunch break. JEFF HARPER/METRO

said.

"What we have with the Star and Metro is the ability to speak across a very great breadth of the audience."

Metro is well positioned for future growth as more people move to urban centres, Bradbury said.

According to Statistics Canada, 81 per cent of people now live in urban areas. The divide is even more pronounced among the young with only 17 per cent of 15- to 29-year-olds living in rural Canada.

Metro has made recent investments to expand editorial coverage of local news in each of its seven markets, Bradbury said. Plus, Metro updated its look in March with a modern redesign that takes delivering essential daily news to the next level.

"We want people to tuck the paper under their arms with pride," Bradbury said.

LUKE SIMCOE/METRO IN TORONTO

IDENTITY

The man's identity is being withheld until his next of kin can be notified, police said in a release.

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People enjoy a Sunday afternoon at the Halifax Central Library last December. JEFF HARPER/METRO

Libraries taking softer approach

COMMUNITY

HPL says the way it deals with visitors has changed



Stephanie Taylor
Metro | Halifax

Whether a crowded mall or cafeteria, public park or arena rink, any type of community gathering place comes with a unique set of characteristics — some good and some not so good.

Last week, a man contacted Metro to voice his frustrations with one such community space: a library.

He explained that he's upset with what he considers to be a branch staff's inappropriate handling of a group of unruly teenagers who repeatedly acted out toward his family, only to be given a few days' suspension.

But the CEO of Halifax Public Libraries believes laying down the law is not the most effective approach when it comes to fostering a welcoming atmosphere.

"As a library, we're here to serve our community," Asa Kachan said during a recent interview.

"We have moved in trying to be less rule-based and more focused on the kind of community place we want to be."

She explained that at one time, if a visitor was misbehaving or acting disruptive, library staff would promptly ask them to leave.

That changed close to a decade ago, she says, for a new focus on building better relationships between staff and visitors and discussing with them what was expected.

"When you get to know your community and you know them by name, you

can diffuse lots of situations because there's a greater accountability," she said.

Kachan explained many frontline library staff have been trained in non-violent crisis inter-

vention and mental-health first aid. Branches with a particularly high volume of young people also employ teen library assistants.

"It's a much better place for communities and neighbourhoods when youth are

+ PLANS

The CEO of Halifax Public Libraries says work on a new five-year strategic plan is set to begin this summer. The work will include public and staff consultation.

welcome in libraries," said Matthew McCarthy, manager of the Halifax North Memorial Library.

McCarthy says non-violent crisis-intervention training was introduced to library staff seven years ago and has better equipped them to deal with difficult situations, rather than having to "make it up as they go."

It's more important for people who are acting out to realize they are in a shared environment "as opposed to kicking them out, in which they'll never come back." He says that's a concern with youth in some areas of the city.

Balancing the different needs of library visitors is an ongoing challenge, he says. But he is firm that the bottom line in helping people begins with knowing someone's name.

"You're having discussions with people, and that makes all the difference," he said.

14

The number of public library branches in Halifax.

Accused plead guilty

Saunders died of suffocation: Crown

SAUNDERS KILLING

Henneberry followed after Leggette's lead, says defence



Haley Ryan
Metro | Halifax

The family of Loretta Saunders broke into hugs and tears in the elevator after both people accused in her death pleaded guilty to first- and second-degree murder.

After two days of court proceedings to select a 14-person jury, Blake Leggette and Victoria Henneberry elected to be tried by judge alone in Nova Scotia Supreme Court on Wednesday afternoon and entered guilty pleas to unlawfully causing Saunders' death.

"We're pleased for the family that they don't have to sit through a lengthy proceeding," Crown prosecutor Christine Driscoll told reporters outside court.

"We feel that it is just." Leggette pleaded guilty to first-degree murder, while Henneberry pleaded guilty to second-degree murder after originally being charged with first degree.

Saunders, a 26-year-old Inuk

+ NEXT STEP

Sentencing for Blake Leggette and Victoria Henneberry is set for April 29.



Victoria Henneberry, centre, in court in Halifax on Wednesday. RUSSELL JACKSON/THE CANADIAN PRESS

woman from Labrador and a Saint Mary's University student, was found dead in New Brunswick after a two-week search last February.

Leggette's voice was steady as he delivered his plea, but he put his face in his hand and shook his head after sitting down. Henneberry sipped on a glass of water as she spoke, her hand wiping away tears.

Both guilty pleas carry an automatic sentence of life in prison. Leggette will not be eligible for parole for 25 years, while Henneberry's eligibility ranges from 10 to 25 years.

Saunders' mother Miriam,

sister Delilah and other family members were in court Wednesday and walked by media only saying they were happy with the outcome. They began hugging once they reached the elevator.

Terry Sheppard, Leggette's defence lawyer, told reporters his client was remorseful for his actions and wanted to spare the Saunders family a difficult trial. He said the plea decision had been "weighing" on Leggette since Feb. 13, last year when he killed Saunders.

Sheppard said they went through jury selection to give Leggette time to think about

his decision and see the panel. He said the plea created a "snowball effect," leading to Henneberry's decision to plead guilty to second degree.

"I feel a mixture of pain and relief," said Cheryl Maloney, president of the Nova Scotia Native Women's Association, who helped the family search last year.

Maloney said she's glad the family won't be re-traumatized but also wanted society to "take a look" at what Leggette and Henneberry did in a full trial.

"It's just tragic, and there's nothing we can do to bring her back," she said.

The facts regarding the roles of Blake Leggette and Victoria Henneberry in the death of Loretta Saunders were tabled in court Wednesday.

According to the agreed statement of facts, the couple began subletting from Saunders last January. Issues arose shortly after they moved in, as they had "financial difficulties and wanted to leave Halifax," so Leggette planned to kill Saunders and take her car.

Around 11 a.m. on Feb. 13, Saunders went to collect rent and sat on the couch, when the facts say Henneberry "became aware" that Leggette wanted to kill Saunders.

Henneberry lied to Saunders and said she had lost her bank card and needed to call for a new one, "keeping Ms. Saunders there."

Leggette came up behind Saunders and began choking her, but Saunders struggled. They ended up on the floor in the dining room.

The facts say Leggette tried to suffocate Saunders with a plastic bag, but she tore it. He placed three different bags

over her head, but she tore through each one. Henneberry remained during the struggle.

Leggette hit Saunders' head on the floor twice, and she stopped moving. He then covered her head in plastic wrap and placed her body in Henneberry's hockey bag.

Crown prosecutor Christine Driscoll told reporters Wednesday that Saunders died from asphyxiation.

Leggette carried Saunders in the bag to the elevator and out the front door, placing her in the trunk of her car. They packed their belongings and drove away, stopping for food and supplies bought with Saunders' bank card.

Henneberry used Saunders' phone to text boyfriend Yalcin Surkultay, pretending to be Saunders.

They stopped on the side of the highway near Salisbury, N.B., and left Saunders' body in the hockey bag in a treed median. They continued to Harrow, Ont., where they stayed with a friend and were arrested on Feb. 18 in Saunders' car.

HALEY RYAN/METRO



Loretta Saunders fought prior to death, court heard. FACEBOOK

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IN BRIEF

Irving station set to open near Stanfield airport

A new Irving station and convenience store will be the first tenant of Halifax's Airport Commercial Core.

According to a release from the Halifax International Airport Authority, an agreement with Irving Oil will see the commercial development of about 3.4 acres of airport property just off Bell Boulevard.

The Irving retail development will provide 12 fuelling lanes as well as a 24/7 convenience store.

Other locations on the site are expected to be developed, according to the release. One, adjacent to the convenience store, and another in a separate building, will both feature food tenants.

Access to the new development will be via the new roadway system that is currently under construction.

A grand opening is scheduled for fall. METRO



Stanfield Airport
THE CANADIAN PRESS FILE

Atlantic mayors to meet in Halifax

Mayors of several Atlantic Canada towns and cities will meet in Halifax this Thursday and Friday.

The four will be discussing a range of topics, from future strategies to handle the East Coast's winters to the state of affordable housing, during the Atlantic Mayors Congress at Halifax City Hall.

Also on the agenda will be the discussions on the region's economic outlook and immigration.

Nova Scotia's Minister of Municipal Affairs, Mark Furey, also will be addressing the mayors on intergovernmental issues.

The conference is scheduled on Thursday, 9 a.m. to 4 p.m., and Friday from 9 a.m. to noon.

METRO



A pedestrian crosses a bridge in Bedford Wednesday over the Sackville River; the river's water levels have risen with the rain of the past few days. JEFF HARPER/METRO

HRM flood infrastructure doesn't hold water: Experts

WEATHER

Province called upon to better prepare people for heavy rains



Stephanie Taylor
Metro | Halifax

As heavy rainfall pours down on Halifax this week, questions emerge as to how prepared HRM's infrastructure and homeowners are for this season's round of April showers.

According to the president of the Sackville River Association, the answer is not enough.

"I believe the responsibility for flooding is with the province and the province is nowhere near doing enough to protect the citizens," Walter Regan said Wednesday.

He explained it's up to the province to take the lead on adopting a more proactive approach to prevent flooding, which begins with the better mapping of floodplain areas.

A spokesperson with the Department of Environment said of the province's more than 2,000 watersheds and



The province has got to step up and take leadership. Leadership with a chequebook. Walter Regan

rivers, only five are designated as flood-risk areas under the Canada-Nova Scotia Flood Damage Reduction Program.

"Every day as we speak, people are building on floodplains quite legally and unknowingly," Regan said. "This is simply ridiculous."

Designating the areas closest to rivers that are prone to flooding is only the first step, he said. Next, he believes the

province should work with HRM to purchase those lands from property owners — a big cost upfront, but one which could save taxpayers thousands in the long run in terms of infrastructure repairs and insurance rates.

"It's not right for people to be flooded every time it rains," Regan said. "We've got to help these people."

Given the effects of climate

change, he warns, rainfall is only going to intensify, creating a higher risk for flooding on roadways when culverts are not built deep enough — or are too clogged — to drain storm water.

When a wastewater system overflows, the freshwater coordinator at the Ecology Action Centre says it's our environment that bears the brunt of the runoff from our roadways and driveways.

"It's affected our harbour, it affects our urban lakes and our urban streams in terms of water quality," said Jocelyne Rankin Wednesday.

WILDFIRES

Burning restrictions now in effect across province

After a delay due to the heavy snow, burning restrictions are now in effect across the province.

Jim Rudderham, a supervisor of forest health with the Department of Natural Resources, said the restrictions, which usually start March 15, are precautionary.

"A day of sun and the fires can start that quick," he said. "It doesn't matter how much

it rains today."

According to Rudderham, intentionally set fires lead to almost 100 per cent of the wildfires in Nova Scotia every year.

He said it's common for people to burn grass without realizing how quickly it can dry out and spread the flames.

Burning domestic brush and campfires is not permitted any day between 8 a.m.



If we get a lot of rain this summer fighting fires could be easy. If we don't, it could be hard. Jim Rudderham

and 2 p.m. in light of wildfire risk season.

Domestic brush refers to small leaves, twigs and/or garden cleanup on homeowners' properties, woodlots, farms and other non-industrial land.

After 2 p.m., burning domestic brush and campfires may or may not be permitted, depending on conditions.

An online map shows when and where burning is permitted each day, by county, at

www.novascotia.ca/burnsafe.

The burning restriction information is also available in a recorded message by calling toll-free, 1-855-564-BURN.

The map and phone message are both updated daily at 2 p.m.

Industrial brush burning still requires a paper permit from a Department of Natural Resources office.

JULIA MANOUKIAN/FOR METRO



Dalhousie University will have to open books. JEFF HARPER/METRO

Universities to get cost check-ups

EDUCATION

Legislation would track institutions' finances

The Nova Scotia government would require the province's 10 universities to report on their financial health under new legislation introduced Wednesday.

Advanced Education Minister Kelly Regan said the move is necessary because the province can't afford to bail out schools that may get into financial trouble.

Universities across the country are struggling to rein in costs and balance budgets while still offering students a quality education, and the situation in Nova Scotia is no different, said Regan. "Universities that are struggling with serious budget shortfalls have had to come to the government for help," she said. "That cannot continue."

Regan said the legislation is the first of its kind in Canada.

In recent years the Nova Scotia College of Art and Design and Acadia University have both run into financial problems. Department officials said the government gave a combined \$20 mil-

lion in extra assistance to them.

The legislation introduced Wednesday is aimed at creating an early warning system by requiring the submission of financial reports and updated forecasts each year. It also gives the government power to withhold grants and set conditions for grants when schools get into financial trouble.

Regan said if a university is on the financial brink, it can ask for help under a 12- to 18-month process that would see an advisory committee assist in developing a restructuring plan. She said a university can also initiate a merger with another school under the process.

She said any school in collective bargaining would have an option to extend negotiations, but the ability to strike or lock out employees would be suspended.

"Revitalization plans offer a tool of last resort to help universities in significant financial trouble get back on track," she said.

Acadia University president Ray Ivany, representing the Council of Nova Scotia University Presidents, said schools know the importance of managing their financial affairs given that much of their operating expenses are paid for by taxpayers.

THE CANADIAN PRESS

GOVERNMENT SUBSIDIES

Film industry hopes for tax credit deal

Representatives from Nova Scotia's film industry expressed optimism a compromise will be struck soon with the provincial government, over proposed cuts to a \$24-million tax credit.

The group met for more than four hours with officials from the Finance Department on Wednesday. It was the third session of head-to-head talks in about a week.

Screen Nova Scotia chairman Marc Almon said the latest talks

were constructive, but he wouldn't release details of what was discussed.

The group's vice-chairman, Scott Simpson, said he believes the sides are close to an agreement.

"We are confident we are moving forward, said Simpson. "There is a mutual desire to get

\$6M

This year's proposed film industry tax credit, down from \$24 million last year
THE CANADIAN PRESS

it done quickly."

Finance Minister Diana Whalen, who was not at Wednesday's meeting, said she understood that "good progress" was made.

She said both sides are getting a better understanding of the respective positions.

"Progress is being made to

bring us to a common ground," she said. "That's really where we want to go."

The industry has said a move to reduce the tax credit to \$6 million beginning July 1 will drive business away from the province, while the government says the current incentive is too rich for a province struggling with its finances.

Whalen said both sides would continue talks on Thursday.

THE CANADIAN PRESS

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Church honours Libyan victims

MEMORIAL

Deacon says no one should die for beliefs

Rebecca Dingwell
For Metro | Halifax

Les Zewdie said he believes those who die deserve a proper funeral and burial.

The words come from the deacon of the St. Gabriel Ethiopian Orthodox Church in Hammonds Plains as he continues to reel after 30 people from his home country were executed in Libya.

A video of the mass murders was released by terrorist group ISIL on Sunday. The victims are believed to be Ethiopian Christians who were captured in while trying to reach Europe.

"I'm really upset that, in this day and age, people get killed because of what they believe," Zewdie said inside his quaint church on Wednesday.

The deacon heard about the tragedy when the story first



Deacon Les Zewdie poses for photo in the St. Gabriel Ethiopian Orthodox Church on Wednesday. REBECCA DINGWELL/FOR METRO

broke three days ago.

"It's unacceptable," he said.

In memory of those who were slain, a service is being held Thursday at Zewdie's

church in Hammonds Plains.

Zewdie also saw the video of the murders, but he could hardly bring himself to watch it.

"I couldn't finish it, because I was full of tears," said Zewdie. "Slaughtering them, and then putting their blood on the water ... it's inhuman."

Zewdie's sadness has been ongoing since he saw the news on Sunday. He said he prays for the victims, but he also prays the extremists will come

“

I'm really upset that, in this day and age, people get killed because of what they believe.

Les Zewdie

to understand what they are doing is evil.

"The group, so-called (ISIL) — what they're doing, they are not representing Muslims or Islam," said Zewdie. "I just want to be very clear on that."

Zewdie is from Ethiopia himself, so he feels a personal connection to what is happening to Ethiopian refugees in other countries.

He came to Canada more than 20 years ago. Zewdie said he has no doubt Canadians will feel the effects of the deaths, despite them happening on another continent.

"They are very passionate people," said Zewdie. "When they see this, I'm sure they are more upset than anybody else."

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ENVIRONMENT

Man donates land to trust for permanent conservation

Another property will be permanently conserved along the St. Mary's River after it was donated to the Nova Scotia Nature Trust.

The six-hectare property, which includes a cobble beach, river shoreline and Acadian floodplain forest, is the seventh protected property along the river in Guysborough County and one of more than 70 conservation sites across the province.

The nature trust says the conservation of such

ecologically important properties is necessary for the health of the river and the species that live in and around it, as well as for continued recreational access for people.

The donation was made by Ronald Archibald, who inherited the property from his father in 2000.

He says he and his family wanted to ensure the land would always remain wild and beautiful.

The property is located near

300

The donation increases the nature trust's conservation network along the river to more than 300 hectares of land.

Glenelg at the confluence of the east and west branches of the river.

THE CANADIAN PRESS

HEALTH

More surgeries being delayed at QEII due to tool sterilization

The Queen Elizabeth II Health Sciences Centre delayed about 80 more surgeries on Wednesday and will continue to put off procedures for the rest of the week.

As a result, about 327 non-postponed in total.

"We do recognize that these are important surgeries as well," said Everton Mclean, spokesman for Nova Scotia Health Authority. "We're

working to offer as many as possible."

On April 10, the hospital detected "black debris" on surgical tools.

After some investigation, Mclean said, the cause is believed to be a problem with their sterilizers.

Hospital officials still don't know what chemicals make up the black debris. However, the test results are currently

being studied.

He couldn't say when things at QEII would go back to normal.

"We're planning for Monday to see how we can wrap up sterilization," said Mclean. "We're moving as fast as we can."

A technician is currently looking at the sterilization systems.

METRO

N.S. woman victim of sex-trade ring

HUMAN TRAFFICKING

Nine people arrested in Toronto

A Nova Scotia woman is among the victims of a national human trafficking ring that Toronto police allege involved gang members romancing teen

girls and women to lure them into prostitution.

The victims are between 15 and 33 years old and come from Ontario, Nova Scotia and Alberta.

Toronto Police Service Const. Jennifer Sidhu said a young Halifax woman who had moved to Toronto in search of work was then lured into forced prostitution.

Investigators with the To-

ronto Police sex crimes unit say the victims were recruited from dance clubs, group homes and schools as well as online.

Toronto police Insp. Joanna Beaven-Desjardins says members of the Complex Grip Gangsters would romance the victims by showering them with attention and gifts and then slowly manipulate the victims into thinking prostitution was glamorous and lucrative.

The inspector says the victims would have between 10 and 15 clients per day and were beaten if they didn't bring in enough money.

The nine accused — six men and three women between the ages of 18 and 32 — face 61 human trafficking and drug-related charges between them.

Police say another suspect is still at large. METRO, WITH FILES FROM THE CANADIAN PRESS



Toronto police said the victims are teen girls and women aged between 15 and 33 years old. TORSTAR NEWS SERVICE

RELIGION

Law society must pay \$70K to TWU

The Nova Scotia Barristers' Society has been ordered to pay \$70,000 in legal fees to a Christian university that prohibits its students from sexual intimacy outside heterosexual marriage.

A Nova Scotia Supreme Court ruling in January stopped the society from denying accreditation to graduates of Trinity Western University, saying it doesn't have the power to require law schools to change their religiously based code of conduct.

In a decision on Tuesday, the court ordered the society to pay

\$70,000 in legal costs associated with the case. The university had argued it should be reimbursed \$120,000, while the society argued it shouldn't have to cover any legal fees.

The law society said last month that it is appealing the January court decision because it has a mandate to protect the public. It said the ruling may prohibit it from continuing to take on a wider role in the promotion of equality in all aspects of its work, including in the administration of justice. METRO

COURT

Plea date set for youth charged in death

A 15-year-old Sydney boy charged with criminal negligence causing death will be allowed to leave Nova Scotia after securing a change Wednesday to his release conditions.

The youth will be allowed to leave the province provided he first alerts Cape Breton Regional Police to when he is leaving and his expected return.

The boy was previously granted a change that allowed him to attend facilities operated by the Cape Breton-Victoria Regional School Board with the board's

express consent.

The youth is charged with causing the death of 18-year-old Christopher Walter Chafe, also of Sydney. The charge stems from a Feb. 11 accident at Sydney Academy high school. The charge alleges the accused, who can't be named in accordance with the Youth Criminal Justice Act, was negligent by pushing Chafe, which caused him to fall into the path of a school bus.

The accused is now expected back in court May 20 to enter a plea. CAPE BRETON POST

CRIME

Bedford man in custody after shooting

Halifax RCMP have one man in custody after a shooting in Lower Sackville. According to a release, officers responded around 12:30 a.m. Wednesday to a 911 call about shots fired at an address on Jennifer Court.

An RCMP spokesperson says at least two shots were fired. The officers learned that a man was seen

running down the street shortly after the shots were heard, and a car was seen driving away from the area. Police arrested a man wearing clothing matching the description provided by witnesses a short distance away.

A 19-year-old from Bedford is now in custody. Anyone with information about the shooting is asked to contact police or Crime Stoppers. METRO

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MISSING PERSONS ACT

Police gain access to private info



Ruth Davenport
Metro | Halifax

New amendments took effect in Nova Scotia Wednesday that will allow police investigating missing persons cases to apply for access to personal information.

Currently, police can ask service providers for access to a person's text messages, telephone records, GPS, bank records and computer history.

But if the service provider says no, Halifax Regional Police Const. Pierre Bourdages said investigators are out of options.

"There's no legal grounds

to go and ask for judicial authority to do it," he said. "You can go missing for a number of reasons."

Changes to the Missing Persons Act proclaimed Wednesday give police grounds to request a court order to access the information, according to a release from the Department of Justice.

"Having a court approve the orders is a check-and-balance to protect privacy rights," states the release, which also states that any information received by police can't be forwarded, even to a spouse or family member.

“If there's no evidence of foul play, before today, you wouldn't be able to get a warrant, because there's no offence.”

Const. Pierre Bourdages

BAY OF FUNDY

Couple spends full day on ferry

Wendy Rodda and Howard Selig thought they were caught in an episode of Gilligan's Island.

The Middleton couple boarded the Princess of Acadia ferry on Tuesday for what should have been a three-hour cruise across the Bay of Fundy from Saint John to Digby.

Instead, they spent the day,

all day, from 9 a.m. until 8:30 p.m. on the ferry.

"All I could think of was the three-hour cruise from Gilligan's Island," said Rodda by phone later that night.

In the 1960s sitcom, Gilligan and the Skipper and five passengers on the SS Minnow end up stranded on a deserted island, but Selig and Rodda say

it wasn't that bad.

While the boat was riding calm waters out in the Bay of Fundy, the wind increased inside the Annapolis Basin and the couple says the waves were choppy.

"There was too much wave action along the waterfront at the Digby terminal," said Selig.

DIGBY COURIER



Charlie A'Court shows off his guitar. A'Court recently won an award for blues recording of the year at the East Coast Music Awards for his album, Come On Over. CONTRIBUTED/RILEY SMITH

Festival seeks to inspire guitarists

BACKSTAGE PASS

Mix of local, international talent to play at Cunard Centre

Aly Thomson
For Metro

Singer-songwriter Charlie A'Court was only 12 years old when he first picked up a guitar.

Having already tried the piano and fiddle, the guitar just felt natural.

"Because my dad plays guitar, there was a natural soothing sound of it in the house," said A'Court, who grew up in the tiny community of McCalum Settlement, near Truro.

His years of practice have paid off. A'Court is now a world-class roots and blues musician who just added another award to his mantel-piece: blues recording of the year at the East Coast Music Awards for his new album *Come On Over*.

A'Court plays on Friday at the first annual East Coast Guitar Festival, an all-around celebration of the six-string instrument that features musical showcases, educational workshops and lots of opportunities to buy, trade and play guitars.

Festival organizer Laurie Tufts said the three-day

event is about inspiring young people to follow A'Court's path and play music.

"We're encouraging people to get kids involved in music," said Tufts at the festival's headquarters in Dartmouth. "But it's never too late for adults, either."

Friday night of the weekend-long festival at the Cunard Centre is a celebration of homegrown East Coast talent.

A'Court will share the stage with Christine Campbell, the Carson Downey Band and the Matt Minglewood Band before the night caps off with a guitar jam hosted by Minglewood.

guitarist Pat Travers. All of Saturday's artists will be invited on stage at the end of the evening for a jam.

A'Court said the festival's lineup offers a good mix of local and international artists.

"Let's build a festival that showcases what we have with some of the internationals that we're bringing in," said A'Court.

"The calibre that the promoters are shooting for is really awesome. They're setting their sights high out of the gate."

As for workshops, Campbell will be on hand Saturday afternoon to inspire the next

\$80

The price of a weekend pass to the East Coast Guitar Festival is \$80.



We're encouraging people to get kids involved in music. But it's never too late for adults, either.

Laurie Tufts

A slice of rock history headlines the Saturday night show: bassist Billy Cox — the only surviving member of guitar god Jimi Hendrix's bands, including the Jimi Hendrix Experience.

Cox, 73, will play with the Band of Gypsies in a salute to Hendrix that's sure to melt your face off.

Also strumming on Saturday are American rockers the Gary Hoey Band and Canadian

generation of female performers with her Girls and Guitars seminar.

Representatives of Fender and Roland are also slated to give seminars, and an under-19 guitar competition is scheduled.

Those looking to buy or sell guitars can stop by on Saturday and Sunday for the music gear expo, which will feature a museum of high-end and rare instruments, said Tufts.

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ENS-00255-VI-2015

Calorie deficit taking its toll

CHALLENGE DAY 3

Metro reporter feels his energy flagging on a \$1.75-a-day diet



Gilbert Ngabo
Metro | Toronto

There are those daily routines in life that you seldom expect to change.

Like the 30 or so pushups I do every morning before taking a shower. I've been doing that for so long that I don't even think about it. But since taking on the Live Below the Line challenge this week, I've started to feel my body letting me down.

It started Tuesday evening on my way home from work. As I sat on the train, I started reading an ESPN column that I had downloaded earlier about the NBA

LIVING BELOW THE LINE

The reporter: Gilbert Ngabo works for Metro in Toronto. He moved to Canada from Rwanda five years ago.

The mission: To live on just \$1.75 a day for five days — a challenge made to all Canadians by the Global Poverty Project, which says that's the daily budget of those who live below the poverty line.

The series: Day 3 of 5, a tired Gilbert Ngabo sizes up his diet on \$1.75 versus the ideal diet.

playoffs. That's what I do every day on my commute. But this time, I kept falling asleep before finishing two paragraphs. After

many failed attempts, I pulled a book out of my bag, thinking my eyes were just tired of looking at screens. But I couldn't finish a page before dozing off.

It's not as if I was overly tired from work. Instead, it's a testament to the physical, emotional and mental toll that not eating enough can take on you.

I had lunched on a meagre meal of bean soup and a piece of pita bread, the same thing I planned to eat for dinner. The previous night, I had woken up on multiple occasions, checking the time and realizing I was still hours from starting my morning routine. And a sense of emptiness in my whole body kept reminding me that I was hungry. When it was finally time to get out of bed, I felt so weak I didn't even try for a few pushups.

Nutritionist Theresa Albert was shocked when I told her what I've been eating.

"Very poor diet," she said, advising that I need regular nourishment and more varied foods, as

BY THE NUMBERS Health Canada versus the \$1.75 diet



well as enough calories.

Studies show that men aged 19 to 30 should consume at least 2,400 calories a day to maintain a healthy body. With \$1.75 as a daily food budget, I'm not even getting half of that.

If I continued on this diet for an extended period of time, some critical processes in my body would start to shut down, such as my brain and immune system, Albert told me.

It made me think of all the

kids from poor families, going to school with half-empty stomachs. If I can't concentrate on reading a piece of news after only two days on this challenge, how are they going to sit in a class all day and follow their teachers?



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DUFFY TRIAL

Residence declaration no accident: Crown

Just days after he was formally sworn into the Senate in January 2009, Mike Duffy took deliberate steps that ensured he would collect living expenses totalling some \$81,000 over the next four years, court heard Wednesday.

Crown attorney Jason Neubauer drove home the point that it was no accident Duffy declared his cottage in Prince Edward Island his primary residence, having consciously filled out the paperwork to do so.

As a result, his home in Ottawa, which he had owned for seven years prior to his appointment to the Senate, suddenly became his secondary residence.

The suspended senator has already pleaded not guilty to 31 charges of fraud, breach of trust and bribery, most of them linked to living and travel expenses which he claimed from the public purse.

On Parliament Hill, meanwhile, the question of Duffy's residency roared back to prominence.

During question period, NDP Leader Thomas Mulcair seized on the fact that Prime Minister Stephen Harper, the man who appointed Duffy to the Senate in the first place, has already publicly defended his eligibility to represent P.E.I.

"Did the prime minister make sure Mike Duffy met that requirement before he appointed him to the Senate, yes or no?" Mulcair asked.

For the first time, Harper appeared to suggest it was Duffy's fault for filling out forms that said he was resident in P.E.I., as the Constitution demands.

Duffy's lawyer, however, has argued that Duffy was operating fully within the rules of the Senate, as they were laid out when he was appointed.

THE CANADIAN PRESS



MOHAMED FAHMY FINALLY GETS A PASSPORT

Canadian Al Jazeera English journalist Mohamed Fahmy holds his temporary passport Wednesday near Tora prison in Cairo, Egypt. Fahmy, facing broadly denounced terror charges in Egypt, was finally given a temporary Canadian passport Wednesday. The journalist's original passport was seized during his arrest in December 2013. THE ASSOCIATED PRESS

Trudeau hinting at economic platform

POLITICS

Liberal leader promises to balance budget

Justin Trudeau is starting to show some of his economic cards now that the Conservative government has laid its election hand on the table.

The Liberal leader says he would reverse the Tories' plan to almost double the maximum amount Canadians can sock away

in their tax-free savings accounts.

And he's promising that the Liberals would balance next year's budget should they win this fall's election.

Trudeau disclosed those details Tuesday, after the Conservatives laid out their economic and fiscal blueprint in the Harper government's 11th federal budget, its last before the October election.

He revealed another on Wednesday: he'd keep the Conservatives' plan to cut the 11 per cent small business tax rate by two points over four years. However,

“**Our platform will be fully costed, fiscally responsible and a balanced budget.**

Liberal Leader Justin Trudeau

he said a Liberal government would look at a different way of implementing the cut so that it wouldn't wind up benefiting primarily the wealthy, as many economists have predicted will

happen. In addition to those particulars, insiders say Trudeau intends to unveil in the next few weeks a major economic plank from his party's eventual election platform.

Until now, Trudeau has offered sparse details while steadily resisting pressure to reveal platform proposals before the fall campaign.

With the fiscal lay of the land clear, he hinted broadly Wednesday that he'll be more forthcoming soon about Liberal economic policy. THE CANADIAN PRESS

SASKATCHEWAN

Woman, three kids dead in possible murder-suicide

RCMP say they believe a man went to a mobile home in rural Saskatchewan and killed a woman and her three children, but spared an infant. They say he then took the six-month-old baby and drove 130 kilometres from the town of Tisdale to Prince Albert, where he killed himself.

RCMP spokeswoman Mandy Maier said officers received a call from a family member about supper-time

Tuesday saying that the woman and children hadn't been heard from all day and couldn't be reached.

About six hours later, after officers obtained a search warrant, they found the woman and children dead in a trailer in Wicks' Mobile Home Park.

The children were all under the age of nine. Police have not revealed how they died, but believe they were killed before they were reported missing.

THE CANADIAN PRESS

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World

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Migrants crowd an inflatable dinghy as rescue vessel Denaro (not pictured) of the Italian Coast Guard approaches them, off the Libyan coast, in the Mediterranean Sea, Wednesday. In the background is a merchant ship. ALESSANDRO DI MEO/ANSA VIA THE ASSOCIATED PRESS

Italy needs EU help on migrant crisis

HUMAN TRAFFICKING

Some 90% of smugglers' boats leaving from Libya

Italy pressed the EU on Wednesday to devise robust steps to stop the deadly tide of migrants crossing the Mediterranean, including considering military intervention against smugglers and boosting UN refugee offices in countries bordering Libya.

"We know where the smugglers keep their boats, where they gather," said Defence Minister Roberta Pinotti. "The plans for military intervention are there."

Some 90 per cent of smugglers' boats leave from Libya, where the lack of a central authority coupled with extremists affiliated with ISIL have contributed

to chaos and lawlessness that have allowed criminal trafficking networks to proliferate.

Pinotti said Italy was willing to take the helm of any military intervention if asked and as long as it is carried out as an international mission, backed by the United Nations.

Pinotti spoke a day before EU leaders hold an emergency summit in Brussels called in the wake of a shipwreck off Libya last weekend that may have killed more than 800 migrants. It would be the highest known loss of migrant lives in a single incident in the Mediterranean.

Ahead of the summit, Premier Mario Renzi called for EU leaders to approve three key proposals: doubling the resources and assets of the current EU border patrol mission; destroying smugglers' boats and improving co-ordination across the EU for transferring asylum seekers. THE ASSOCIATED PRESS

+ UN RESPONSE

UN secretary-general Ban Ki-moon is urging European leaders to act swiftly to address the growing migrant crisis during their emergency summit Thursday, and he says he will discuss the issue in his audience with Pope Francis next week. Ban's letter to European Council president Donald Tusk urges European Union leaders to consider the UN refugee chief's proposals for a stronger EU search and rescue operation and more legal migration channels. "We all have a moral imperative to act swiftly," Ban says in the letter obtained by The Associated Press. THE ASSOCIATED PRESS

IN BRIEF

Saudis launch airstrikes on Yemen rebels after saying operation over

Saudi-led airstrikes targeted Iran-backed rebels and their allies in Yemen on Wednesday, hours after Riyadh declared an end to a nearly month-long air campaign. The Shiite forces later said they would welcome United Nations-led peace talks to end a conflict that's killed hundreds without dislodging them from the capital.

The rebels, known as Houthis, say they call for a resumption of dialogue.

THE ASSOCIATED PRESS

PARIS

Extremist shoots himself in the leg

An extremist with an arsenal of loaded guns was prevented from opening fire on churchgoers only because he accidentally shot himself in the leg, French officials said Wednesday.

The 24-year-old computer science student, who was also suspected in the death of a young woman whose body was found on Sunday shortly before his arrest, had been flagged as a risk for intent to travel to Syria but there had been no specific reason to open a judicial investigation,

Interior Minister Bernard Cazeneuve said Wednesday.

Paris Prosecutor Francois Molins said the suspect — an Algerian who had lived in France for several years — was arrested in Paris Sunday after he apparently shot himself by accident and called for an ambulance.

He was waiting outside his apartment building for first aid when police arrived. They followed a trail of blood to his car, which contained loaded guns.

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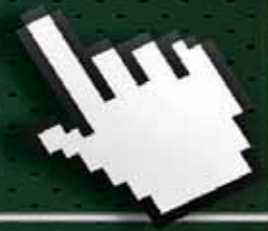


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Business metro NEWS

Canadians targeted by U.S. firm for illegal downloads

ONLINE PIRACY

L.A.-based company seeks \$150 to \$450 from users

Megan Haynes
For Metro

An L.A. company is asking thousands of Canadians to cough up hundreds of dollars each for illegally downloading videos, taking advantage of recent changes to the Copyright Act.

CEG TEK, an anti-piracy firm that works on behalf of content owners, has been emailing notices to Canadians via internet service providers (ISPs). The notices allege piracy on the part of the recipients, and offer settlements, which range from \$150 to \$450, to "prevent legal action." The ISP TekSavvy recently posted a copy of one such notice online, and other recipients have also done so.

But Jake Enwright, press secretary for Industry Canada Minister James Moore, said that, while the notices don't violate Canadian law, "there is no obligation for Canadians to pay these settlements," adding that the ministry's aim is to combat online piracy not by penalizing consumers but by educating them that the practice is illegal and hurts



Los Angeles-based anti-piracy firm CEG TEK has been sending notices to Canadian users on behalf of their clients via users' internet service providers. The company has asked anyone who illegally downloaded content to compensate the owner. MARC FEMENIA/THE ASSOCIATED PRESS/SCANPIX

content producers.

In an email interview, Kyle Reed, chief operating officer at CEG TEK, wouldn't confirm how many emails the firm has sent to Canadians or how many recipients have opted to settle. But Bram Abramson, chief legal and regulatory officer at TekSavvy, which has 250,000 customers, said his company forwards approximately 1,300 notices a day, over half of which are from CEG TEK.

Through the end of 2014, copyright holders or their representatives could send infringement notices to ISPs, but the ISPs were not legally required to forward the notices to end users. But changes to the updated Copyright Act, which came into effect on Jan. 1, requires that all infringement notices be forwarded.

What's more, there is no fee associated with sending these emails, Abramson said, despite

lobbying efforts from the ISPs to include a small fee. He says this would prevent sending out mass quantities of emails.

Michael Geist, research chair in Internet and e-commerce law and professor at the University of Ottawa, said ultimately, the cost of setting up auto-forwarding and monitoring of these notices was pushed onto the ISPs, who ultimately will pass these costs on to consumers.

CEG TEK, which began operating in Canada on Jan. 2, 2015, has been active in the U.S. since 2009. It made the news last September when it sent out a blitz of emails on behalf of Millennium Films going after people who illegal-

+ NOT SO FAST

ISPs require court order before providing user info

Internet service providers have said they will hand over clients' identities only under a court order.

The only way content owners can track piracy is through the anonymous IP addresses, the uniquely assigned identifiers of Internet connections.

In Canada the maximum penalty for digital copyright infringement is \$5,000.

ly downloaded The Expendables 2 and 3, asking for upwards of \$300 in settlements, according to media reports. Reed claims CEG TEK's model is the only proven method to decrease content piracy, and claims there has been a reduction in clients' content downloaded here in Canada. "We are unaware of any law or regulation that prohibits presenting a settlement opportunity, and we are unaware of anyone at Industry Canada ever asserting that a notice from CEG TEK was in any way in violation of Canada law," he added.

Stephen Ellis, the co-chairman of the copyright committee at the Canadian Media Producers Association, which fought for stricter changes to the Copyright Act, said going after consumers for a few hundreds of dollars isn't the way to curtail piracy.

Rather, he said, efforts should be geared at those profiting from the pirated material by posting them online in the first place.

FEDERAL BUDGET

PM shrugs off Oliver comment

Stephen Harper is shrugging off controversy over his finance minister's assertion that potential future problems created by the 2015 federal budget should be left to the prime minister's granddaughter to solve.

Harper says Joe Oliver made the sarcastic comment in a bid to dismiss "a clearly preposterous argument" that boosting the maximum amount Canadians can put into tax-free savings accounts will drain billions from the federal treasury over the coming decades.

But opposition leaders are pouncing on Oliver's remark to bolster their claim that the Harper government is making a fiscal mess and sticking future generations with the cost of cleaning it up.

Harper counters that helping Canadians save money is good for future generations and is not detrimental.

The budget almost doubles to \$10,000 the maximum yearly contribution individuals can make to TFSA.

Estimates provided by the parliamentary budget officer and the government itself suggests that the federal treasury will lose more than \$1.3 billion in tax revenue this year as a result of tax free savings accounts.

During an interview Tuesday on CBC, Oliver was asked about one economist's estimate that doubling the TFSA could cost the treasury almost \$15 billion within a few decades.

"I hear that by 2080 we may have a problem," Oliver responded.

"Well, why don't we leave that to Prime Minister Stephen Harper's granddaughter to solve?"

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ROSEMARY WESTWOOD

metroview

We don't know their names, but they're still our problem

"I wish I had their names," the caller said.

Ronke from Greenwich was on a U.K. radio show debating controversial Sun columnist Katie Hopkins over the hundreds of thousands of migrants who are increasingly charting a dangerous course over the Mediterranean to reach the shores of Italy, and a life in Europe.

An estimated 800 people from Syria, Eritrea and other countries drowned on the weekend. Only 27 on board the boats survived, according to the UN. European leaders are in Brussels to push through an emergency plan that boosts patrol and rescue operations and increases efforts to settle migrants.

In a column that has sparked calls for her firing, Hopkins compared migrants to cockroaches. "Gun ships," like those deployed to keep migrants out of Australia, is the solution, she wrote.

Her "turn them back" ideology has support in Europe, and it doesn't fall far from the ideology behind our own government's effort to evict about 70,000 longtime migrant workers, so Canadians have first dibs on their jobs.

In the words of New Yorker writer Mattathias Schwartz, referencing illegal immigrants in the U.S., "the goal of Western immigration policy is to keep people out." And clearly it's not working.

"We can't afford at the mo-

ment to take on the problems of the world," Hopkins said during that radio call. "I do believe these boats need pushing back."

So simple, isn't it? Except it is, of course, not a solution.

The images of drenched and terrified survivors that covered newspapers this week is about so much more than any one person's desperate attempt to escape horrors at home. It is about colonial pasts, current wars, and corporate greed in countries like Eritrea, where there are allegations of a Canadian mine using forced labour.

It's about Western lifestyles dependent on poor nations with terrible human rights records (think Bangladesh and the garment industry). It is about politics, domestic and international, and identity — what your race and nationality says about where you belong. (An Ekos survey last month found that 41 per cent of Canadians think there are too many visible-minority immigrants.)

Hopkins can delude herself that none of that is an English, or Western, problem. I cannot.

The hundreds who died weren't the first, and they won't be the last. A reported 170,000 people crossed the Mediterranean last year, and more are expected in 2015.

We may never know their names, Katie Hopkins, but that doesn't mean their plight is not our problem.

Policy deficit hides behind the surplus

POLITICS

Chantal Hébert



In one of his more exuberant moments in the role of Conservative cheerleader, Public Safety Minister Steven Blaney called Tuesday's pre-election budget his "best-seller."

Listening to the Quebec minister on Montreal radio, one could easily picture him clutching the budget to his chest as he spoke.

It is even possible that he slept with the 300-page brick under his pillow. After all, it devotes an entire chapter to his public safety file.

Over the years Blaney's faith in Stephen Harper has been shown to border on religious and he has exhibited a zeal in defending the government's agenda that is second to none among cabinet members.

Still, in this instance, the minister's giddiness reflects the mood of his government colleagues as they fast-forward to the upcoming campaign.

Given a choice, it is a rare MP seeking re-election who would not prefer coming to a voter's doorstep bearing gifts.

Tuesday's budget fulfils most, if not all, of the fiscal commitments undertaken by Harper — starting with a fresh dose of tax relief now that the books are (tenu-

ously?) balanced. Anyone holding out for that promised adult-fitness tax credit should know that it is work in progress ...

For better or for worse the budget reflects the philosophy of the ruling Conservatives.

They will be comfortable selling it on the campaign trail.

But the budget's greatest strength is also its main weakness for it stands to reinforce the very reason why a majority of voters opted to support one of the other parties four years ago.

Those voters were, for the most part, driven to other choices by a deficit of Conservative policy ambition on almost every front — from the environment to social programs — that used to account for a significant part of the mission of past federal governments.

Tuesday's budget compounds that deficit.

The environment is covered by a few paragraphs but the words "climate change" are blatantly absent from its numerous pages.

If anyone remembered that, back in 2005, offering Canadians a wait-time guarantee for medical care was one of the five priorities of the Harper Conservatives, he or she was not in the room when the 2015 budget was drafted.

So entrenched is the government's pro-tax-cut bias after nearly a decade

in power that it chooses to offer relief to voters in less-than-pressing need rather than address policy areas in dire need of attention.

And so it is that Canadians who have \$10,000 a year to spare on a tax-free savings account (TFSA) get a break, but urban commuters who endure daily traffic jams to get to work would have to wait for the second half of a fourth Conservative mandate before a major federal boost to public transit materializes.

Chances are swing voters still believe in a more activist government than the one Harper is offering.

A wise opposition would spend little time illustrating the fragility of the balancing act that has brought the Conservatives to exhibit a surplus in the budget.

That only undercuts the other parties' already reduced capacity to strike a credible course that is both different from that of the Conservatives and appealing.

The government's budget does paint the picture of steadily increasing budget surpluses — even after the full implementation of the latest round of tax cuts.

Choosing not to implement at least some of those cuts wouldn't necessarily come at great political cost. The government's spending priorities over the longer term are not cast in stone. They are subject to its re-election in the fall.

In the last election Harper made the promises he is now delivering conditional to the government's fiscal performance.

There is no reason why the opposition parties cannot similarly present Canadians with a blueprint designed to live up to the full ambitions of its authors over more than a single budget cycle.

With this budget, the Conservatives are hoping to bring back under their tent the voters who supported them four years ago but have since gone missing in the polls.

Many of them were Liberal sympathizers unhappy with Michael Ignatieff's campaign.

More than a few have come home since Justin Trudeau became party leader.

If they voted for Paul Martin or Jean Chrétien in the past, chances are those swing voters still believe in a more activist government than Harper is offering in this bare-cupboard budget.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

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McLaren's modern malaise



Leah McLaren's new novel follows the unravelling of a relationship thanks to built-up resentments. LIZ BEDDALL/METRO

NEW NOVEL

Messy marriage tale unearths the roots of resentment

Melita Kuburas
Metro | Life

Leo Tolstoy was wrong when he wrote, "All happy families are alike; each unhappy family is unhappy in its own way" — all unhappy families are alike, too. At least the families headed by 30-something, urbanite yuppies tend to be.

When the Russian author wrote the famous opening of Anna Karenina, the world hadn't yet been introduced to the troubled marriages of Nick and Amy Dunne in Gillian Flynn's *Gone Girl*, or, more recently, Nick and Maya Wakefield in Leah McLaren's new novel, *A Better Man*.

Both books follow the unravelling of a relationship in which two people come to resent one another in a way only former lovers can. In both marriages, that acrimony builds thanks to a blame-game dynamic that's a result of interrupted careers, manipulative personalities, infidel-

ity, and uprooted gender roles. "Having been in quite a few unhappy relationships, I have to say, it does feel quite similar," laughs McLaren, a London-based journalist who writes a column for the *Globe and Mail*.

She laughs at the comparison between her book and Flynn's blockbuster, which was turned into a movie last year. "I really hope that this book reminds everyone of *Gone Girl*, and every single person who bought *Gone Girl* can buy this book. Then my next divorce would be extremely expensive!" she jokes, during a visit this week to Toronto.

Divorce is the cloud that hovers in *A Better Man*, released by HarperCollins late last month, as the main character, Nick, suddenly becomes generous with his time and attention — remembering to bring the banana-nut bars during an outing with the kids, and not criticizing his wife's poor choice of wine at dinner.

He pretends to be the perfect husband on the advice of

a lawyer — if he gives saving their marriage a college try, his wife, Maya, will be guilt-ridden enough to take it easy on him in their divorce settlement.

The premise is based on an actual trick used by high-billing divorce lawyers, McLaren says.

"It's quite the cynical ruse, but not unheard of in the annals of family law, as horrifying as that might seem," she tells Metro. It's especially not unheard of in London, where the "super rich of the world" have had to divvy up their assets according to England's equitable divorce policy, she adds.

"I wanted to write about that stage of life of being married and having small children, and just how very, very intense it is," McLaren says. "Suddenly there's this crazy intersect, particularly for women, when the biggest years of career coincide with the same years you're supposed to have children. And it's just insane."

Career-driven women who leave their jobs may throw

their energy into attachment parenting, as does Maya, an attorney who finds herself traversing between toddler yoga classes, the gym and therapy sessions. She gets her thrill from visiting a posh salon in a gritty neighbourhood, and worries she has become "a hopeless bourgeois cliché — an overeducated, underemployed housewife on the verge of an affair with her personal trainer."

In other words, she's the opposite of "Cool Girl," as ranted against in Flynn's novel by Amy Dunne. "Being the Cool Girl means I am a hot, brilliant, funny woman who adores football, poker, dirty jokes, and burping ..."

Maya's all-consuming, helicopter approach to parenting becomes a turn-off to Nick, who imagines sex with his wife as a kind of "erotic duty."

"Nick and Maya fall into stereotypical gender roles, and that's part of their problem," McLaren says. "There is a real division of labour that happens and as women give birth it will often end up being a woman who then (makes) concessions, career-wise," she says.

The resentments that rise up as a result — her loss of status, his sense of being shut out of the family — turns out to be the book's exploration of what in modern times has become a common problem.

He's living a life of distraction. All the women, all the booze, all the work. The beautiful, tailored exterior — it's all just a big sideshow.

Leah McLaren, on similarities between her main character, Nick, and *Mad Men*'s Don Draper, another of pop culture's bad husbands

DEBUT NOVEL

Nothing like following your dreams

As she wrote her very first novel, Sabrina Ramnanan only had to look to her father when she needed to verify facts about Trinidadian village life in the 1970s. The Toronto-raised daughter of Trinidadian parents, Ramnanan always relished her dad's stories about his life in the Caribbean and visited the island nation herself several times while growing up.

"My dad is a very vivid storyteller. He's almost been prepping me all my life to write this book because he's told me all these wonderful stories and they haven't been written down," she says.

Ramnanan combined the tales of her parents with her own experiences on the island to build a story of forbidden love and a spirited young woman's

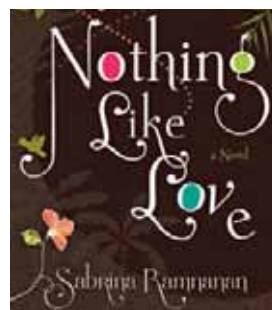
break from small-town life. That story began as a personal project for the University of Toronto's creative writing certificate program, but soon caught the eye of a senior editor at Doubleday Canada who eventually would offer her a book deal. "I feel so fortunate," she says, seated at a table in the O&B Canteen on the ground level of Toronto's TIFF Bell Lightbox Theatre.

Ramnanan's book, *Nothing Like Love*, is fast-paced and at times funny. The heroine, Vimla Narine, is an 18-year-old schoolgirl poised for village greatness. She acs her exams and is offered a coveted teaching position, but all that goes awry when it's discovered she's been secretly courting the pundit's son, Krishna Govind. On the surface, the book seems like a typical forbidden

love story, but it's more than that. The discovery of Vimla and Krishna's secret affair reverberates through the community and affects a number of people in different ways. "It's really about autonomy," says Ramnanan.

The storyline hits autobiographical notes for the 32-year-old Ramnanan. She too, became a teacher. "I thought it was practical," she admits. "There is some of that in Vimla. She does what is expected of her, she gets that teaching post and she gets swept up into it, but does she really want to do it? I don't think so."

Ramnanan says in her heart she always wanted to be a writer, so while working as a supply teacher, she began taking continuing education courses in creative writing. "I became obsessed with the classes because



they kept me writing," she says.

Now, with her success — a first novel picked up by a major publisher — she has a new philosophy. "I think when you do what you know deep down you are supposed to be doing, things work out the way they should."

LIZ BROWN/METRO



Sabrina Ramnanan says part of her research for her novel was going to Trinidad to just soak in the people, food, sights and smells. CONTRIBUTED

Time puts its best face forward

WATCHES

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Jesse Ship
Metro | Life

Konstantin Täts (aka @spentologist) is a self-professed watch hoarder who boasts over 25 timepieces in his collection — yet he still can't help checking the time on his phone every once in a while.

Digital technology has become ubiquitous these days from toasters to car engines, and while he's a fan of the innovation of the Apple Watch and newly announced partnerships from the likes of Tag Heuer and Microsoft, Täts, a Toronto-based commercial realtor, will always be in love with

the mechanical aspect of his timepieces.

"Every day I put on a watch, no matter what I'm wearing because it can be made to be both luxurious, sporty and fashionable depending on the way you dress it up or down. As well, a watch's movement has a similar beat to our hearts — it's a very natural thing to wear."

To check out what other watch enthusiasts are sharing online, follow #RedBar on Instagram.

Täts says the meetups he takes part in are "a bit of an exclusive club ... since sometimes over two million dollars worth of glass are on the table. But if someone wants to attend and they are a watch person, then we can work things out."

We spoke to experts about five of the more interesting watch trends on the market these days, and how to make them work with your look.



3 The Swatch

Launched in the '80s, Swatch set the Swiss economy back on fire with their low price points, cheery designs and interchangeable straps and faceplates. Despite their plastic bodies, quartz movements, and a plethora of commemorative editions, the populist brand still pushes out sought-after collectable pieces, especially the recent Sistem51 (\$150), a mechanical marvel made by a robot, composed of just 51 parts. Sporting a Swatch shows that you're a fun-loving individualist who doesn't take life too seriously.

4 The Trendy Watch

Timepieces with overstated faceplates are bound to get attention and help you stand out from the crowd at the club or in the boardroom. Diesel's (\$170-\$510) monstrous and metallic shiny bodies, Michael Kors' (\$300-\$579) signature rose gold and tortoise tones and U.K. newcomer Olivia Burton's (\$120-\$230) vintage-inspired faces are snapping up customer sales. The trend is also seeing retail trend-setters like J. Crew teaming up with Timex (\$114-\$172) for vintage-inspired military watches with quartz movements to keep the look perpetually in style.



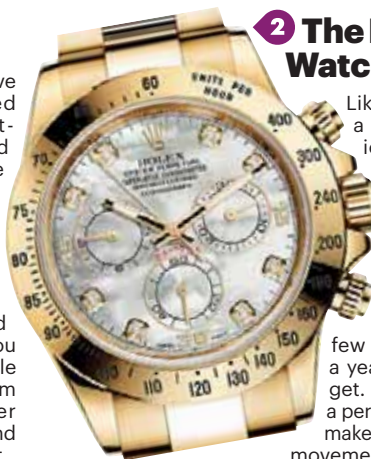
1 The Antique Pocket Watch

The owner may have received it passed down by a great-grandfather who hid it who knows where during time spent in the trenches of Gallipoli, or maybe the owner is just be an unabashed steam punk fanatic. Exude an aura of old world sophistication as you adjust your monocle and pull one out from your tweed blazer breast pocket to wind the daily movement.



2 The Mechanical Watch

Like a well-crafted Porsche, a well-maintained mechanical watch will most likely outlive its owner. Some — like the Rolex Paul Newman (starting at \$25,000) or Daytona (starting at \$10,000), may never go out of style, but for the serious collector, a "grand complication," made of a few hundred parts that takes a year to make is the ultimate get. Owners claim they create a personal bond with the watchmaker by wearing one due to the movement's fine-tuning.



5 The NATO

First introduced to the public by James Bond's Goldfinger (1964) where it was used to secure his Rolex Submariner to his wetsuit, the British military picked up the woven nylon style for their soldiers in the '70s. Today, NATOOs have reached mainstream, and interchangeable straps can cost as little as \$15 and go up to hundreds as crafty independent designers like Coq Straps and AP Bands have made use of fine leathers and stainless steel components for added personal flair. That might have the watch snob in your life giving the NATO a second glance.



IT'S ALL ON THE WRIST WEARING AN APPLE WATCH FROM DAWN TO DUSK

Apple's first new product in five years — and the company's first wearable gadget — makes its debut today in nine countries, including Canada. Apple Watch (from \$449) is worn on your wrist like a regular watch, but Apple's "most personal device we've ever created" goes above and beyond merely telling the time — especially when there's a nearby iPhone 5 or later to unlock its full functionality. A glimpse at how Apple Watch could revolutionize your day. MARC SALTZMAN



7 a.m. Apple Watch's vibrating alarm wakes you — without disturbing your significant other. While getting dressed, you glance at the animated watch face which also shows the current weather and when your first appointment is.



7:45 a.m. Raise your wrist and say "Hey Siri, Workout." Select "Outdoor Run" from the list of exercises, followed by a time, calorie burn or distance goal. Bluetooth headphones let you listen to music playing on the watch. Your watch can calculate your heart-rate after the run.



10:09 a.m. While at the office you feel a tap on your wrist and look at the screen: "BBQ for dinner?" While you could reply with a pre-set answer or dictate a new one, instead you send an animated thumbs-up. While you're at it, tell your watch to remind you to pick up flowers at 5 p.m.



1 p.m. Apple Watch notifies you of an upcoming appointment at a new café. You're not quite sure where it is, so you tap to open the Maps app to get turn-by-turn directions. A call comes in while walking down the street. Answer it on your watch and leave your phone in your pocket.



3:30 p.m. You've been sitting at your desk for a long while, so your wrist buzzes to tell you to stand up and move around a bit. While getting a glass of water from the cooler you check the Activity app on the watch, which shows how close you are to your daily movement goals.



8:05 p.m. Your favourite basketball team is up 20 points at half-time — something your wrist discreetly tells you while taking a walk. A couple of swipes across the screen also shows some email you need to deal with later and a reminder to check into tomorrow's flight to New York.



10:09 p.m. After a relaxing round of Trivia Crack — one of the games you can download to Apple Watch — you realize it's time to charge it up. Attach the magnetic charging "puck" to the back of the watch and plug the other end of the cable into your computer's USB port.

Haylie Duff cooking up good ideas

LIFE SKILLS

The culinary school dropout believes anyone can learn to cook like a pro

If you'd like to become a better cook but are intimidated by the learning curve, take a page from Haylie Duff. The actress hosts Real Girl's Kitchen on the Cooking Channel and cheerfully calls herself "the cooking school dropout." After her lifestyle blog (also called Real Girl's Kitchen) started taking off, Duff thought she might like to take some classes, but movie shoots kept taking her away, and eventually Duff concluded she could get by without lessons. "If I can learn through trial and error, so can other people," she says. The new season of the show will feature a range of dishes, something Duff says she loves. "We're not really ever stuck in one style of food." Tune in for fresh takes on ramen, a "killer" steak and Greek meatballs. We got a little inside info from Duff on what her can't-miss kitchen items are.

Fave flavours

Garlic is often a key part of any cook's repertoire, and Duff is no different. She says a garlic press is "definitely" one of her must-haves, and anyone who's ever struggled through chopping up a tiny garlic clove knows the feeling. "I feel like I use that so often because I hate



ANTHROPOLOGIE.COM



Actress and lifestyle blogger Haylie Duff serves up a variety of recipes and ideas on her TV show Real Girl's Kitchen. HANDOUT/ORCA.TV

having to sit there and chop garlic forever."

Skip the squeezing

Juicing lemons by hand is all too often a foolproof test to find out if you've got any paper cuts. That's why Duff rec-

ommends getting a lemon squeezer. "I put lemon in a lot of food, so any time that I can avoid having to pick out seeds and things like that, I love it," she explains. "I feel like it's my go-to."

Get by with a little help

Your knife skills may be without par, but there are times when it helps to get that little bit of extra assistance. That's why Duff recommends a mandoline. She says she uses hers "any time I'm making salad where I want to thinly slice radishes or celery. I have an apple fennel salad in my cookbook that I love and

+ RECIPE

Haylie Duff's Veggie and Yogurt Sandwich

Serves: 1

Ingredients

- 1 cup fat-free Greek yogurt
- 2 sprigs fresh dill, chopped
- 2 sprigs fresh mint, chopped
- 1 pinch sea salt

- 1 sliced carrot
- 1 sliced avocado
- 6-8 slices cucumber
- 1 handful arugula sprouts
- 1 handful chopped walnuts

Directions

Mix yogurt, dill and mint in a small mixing bowl. Spread across both sides of bread. Sprinkle with sea salt. Layer remaining ingredients.

fessional feel to thinly sliced vegetables."

Chopping skills

Your kitchen won't be complete without a decent set of knives to get started.

Duff says that's pretty important, but acknowledges, "I have a bunch of knives, but the truth is I've got three that are just kind of my favourite, and I tend to go through those all the time. One's a little paring knife that's serrated so it chops through everything that's tiny, and then two big six-inch and eight-inch chopping knives."

LISA WEIDENFELD/METRO NEW YORK

you basically can't make it unless you have a mandoline

because everything is sliced really thin on it. It gives a pro-

TEXTING

Poop emoji comes in at No. 1 ... not No. 2

Forget the smiley face: A new report suggests Canadians like to add a little spice to their textspeak with suggestive — and pungent — picture icons.

SwiftKey, a company that produces software for typing on mobile devices, analyzed how its users interspersed emojis into their messages over a four-month period.

The analysis included Google Android and Apple iOS users who typed in 16 different languages.

The report found Canadians were in the top spot for using the not-so-subtle poop emoji.

Canadians' use of emojis that could be considered raunchy or sexual was double the overall average.

And the use of violent emojis like guns, knives, punching fists, fires, explosions, skulls and bombs was 50 per cent higher in Canada compared to the overall average.

"Canadians score highest in emoji categories some may consider to be more American," the report notes.

THE CANADIAN PRESS



FASHION TRENDS

Givenchy to release the new 'it' bag

Givenchy has delved into the murky and fascinating depths of the oceans for the inspiration for its latest "it" bag, The Shark.

The Shark, which is available in three sizes, was first unveiled as part of Givenchy's pre-fall collection. It comes in a variety of colours and finishes including cream

and black monochrome, brown studded leather and a dusky beige hue. It is set to hit stores this June. AFP



Marking 30 years of classic American cool

INTERVIEW

Tommy Hilfiger on brand DNA, his style icons

Tommy Hilfiger says an all-American lifestyle has always been one of his sources of inspiration. As his namesake brand celebrates its 30th anniversary, the designer discusses his success, and his upcoming memoir.

Rafael Nadal has been named your brand ambassador — can you comment on this?

I'm continuously inspired by his dedication and passion for his sport. Rafael's style is effortless and really exemplifies our brand spirit — he's fun and cool, and doesn't take it too seriously.

Did you think the brand would grow to be this big?

I dreamed of having a globally recognized lifestyle brand but I never could have expected that our company would grow on such an incredible scale. We are very proud that today we have over 1,400 stores in more than 90 countries worldwide.

Is there anything you would do differently?

I always focus on the positive that comes from any challenge. Looking to the future, it's all about finding the right balance between



Designer Tommy Hilfiger at Fashion Week in New York City. GRANT LAMOS IV/GETTY IMAGES

tradition and innovation; we always strive to strike the perfect mix of classic and modern in our designs.

What is the key for a brand to succeed for so long?

Our signature look celebrates the East Coast Americana lifestyle with a West Coast twist that's laid-back, confident and cool. Our success has come from defining this clear brand DNA and staying true to this heritage, and we love to see how our customers worldwide interpret our designs in their own unique way.

Why is America your main inspiration?

I grew up on the East Coast and that all-American lifestyle has always remained one of my core sources of inspiration. I have also always been drawn to iconic Americana and pop culture; some of my favourite style icons include Steve McQueen, Grace Kelly, James Dean and Jackie O... Each has made a permanent mark in music, film or culture.

What will be in your memoir?

I'll be publishing my memoir in 2016 with Random House.

I'll share my stories from all the milestone moments that have defined my career and my personal life, and how I got to where I am today. AFP

SUSTAINABILITY

From plastic bottles to your next jacket

If you buy a new coat from The North Face in 2016, it will likely be made from recycled content if, indeed, they meet the lofty goal they announced this week in which they aim to use 100 per cent recycled polyester by then.

Polyester makes up nearly 80 per cent of the fabric they use, so meeting their goal would mark a significant push for sustainability on their part.

The sportswear manufacturer hopes to use recycled plastic, thereby providing a much-needed outlet for used water and soda bottles.

The North Face says they will reduce dependence on fossil fuels, for the polyester manufacturing process has a lower impact on air and water resources if reusable materials are resourced.

Made entirely from recycled content, their Denali jacket is an existing example of products that meet their goal.

It's not the first time The North Face has taken the initiative to improve the integrity of their products.

In January 2014, The North Face drafted the Responsible Down Standard, vowing to source only cruelty-free down, avoiding farms that practise live plucking or force-feeding.

They gave the draft to the Textile Exchange to use as a standard for brands seeking a judiciously sourced supply of the coveted, ultra-warm filling and brands such as Marmot, Eddie Bauer, Helly Hansen and

Mammut now purchase RDS-certified plumes from Allied Feather & Down.

The North Face hopes to achieve 100 per cent RDS-certified down across the spectrum of its products by fall 2017.

AFP



The women's Denali Jacket
THENORTHFACE.COM

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HALIFAX

Dayna Tietzen & Rob Terr. Photo by Timothy Richard.

CONTROVERSY

Dr. Oz strikes back

Vowing that “we will not be silenced,” television’s Dr. Oz is fighting back against critics who are trying to get him removed from a faculty position at Columbia University.

Dr. Mehmet Oz will air an episode of his syndicated talk show on Thursday that specifically takes on the group of 10 doctors from around the country who wrote to a Columbia dean about him. The group suggested last week that Oz promotes “quack treatments” of weight loss supplements with no scientific proof that they work.

Oz taped a message previewing his show where he said he knows he has alienated people in “our quest to make America healthy.”

But he said freedom of speech is a fundamental right of Americans, and the other doctors are trying to silence him.

THE ASSOCIATED PRESS



Dr. Mehmet Oz.
GETTY IMAGES



Ben Affleck lobbied the host of *Finding Your Roots* to not reveal on the program that he had a slave-owning ancestor. GETTY IMAGES

Ben whitewashed slave owner roots

SONY HACK

Star wanted information omitted from PBS program

PBS is conducting an internal review following revelations that producers of *Finding Your Roots* may have violated the network’s editorial standards after a request by Ben Affleck that the program not reveal he had a slave-owning ancestor.

Meanwhile, Affleck has expressed regret for seeking to have the information omitted from the episode that featured the actor and aired last October.

“We deserve neither credit nor blame for our ancestors and the degree of interest in this story suggests that we are, as a nation, still grappling with the terrible legacy of slavery,” Affleck posted on his Facebook page Tuesday night.

The review by PBS and New York station WNET began Saturday, according to a statement released Tuesday by PBS spokeswoman Anne Bentley.

“We have been moving forward deliberately yet swiftly to conduct this review,” she said.

In his Facebook post, Affleck acknowledges that, initially, “I didn’t want any television show about my family to include a guy who owned slaves. I was embarrassed.”

He says he lobbied Henry Louis Gates, the Harvard scholar who hosts and produces the show, “the same way I lobby directors about what takes of mine I think they should use.”

“It’s important to remember that this isn’t a news program,” Affleck said of *Finding Your Roots*, which traces the ancestry of well-known guests. Affleck’s request came to light last week in hacked Sony emails published online by whistleblower site WikiLeaks.

Gates and PBS said then they didn’t censor the slave-owner details. Instead, more interesting ancestors of the actor emerged and Gates chose to highlight them instead.

THE ASSOCIATED PRESS

GOSSIP NOTES

Garfield and Stone’s web has permanently unwoven

After dating for more than three years — so basically a decade in Hollywood — Andrew Garfield and Emma Stone went on a “break” two weeks ago. But unfortunately this is no Ross and Rachel situation. According to *Us* magazine, a source close to the couple says they are done for good. Apparently, Andrew got a little too into character preparing for his role in *Silence*. “He’s been in a dark place for months getting into the role. He wasn’t being the best partner,” a source tells the magazine. Can someone put this guy in a lighthearted rom-com next? Sheesh!

Jenner fuels speculation over upcoming interview

New photos appear to show former Olympic athlete Bruce Jenner in a striped dress outside his Malibu home. The *New York Daily News* published the photos a couple of days prior to Jenner’s scheduled interview with Diane Sawyer. The interview is believed to be about Jenner’s coming out as transgender. The *Daily News* reports that Jenner has been seen also wearing a sports bra: “A photo of the former Olympic gold medalist wear-



ing what appeared to be a sports bra while riding his Harley Davidson motorcycle emerged Monday, leading many to assume the star had already undergone breast augmentation surgery.” ABC will air Jenner’s interview on Friday.

Amy Schumer gets no help from Kimye

In other Kardashian-Jenner news, Kim Kardashian and Kanye West totally got punked by Amy Schumer at the Time 100 Gala this week. She fake-tripped in front of the couple on the red carpet and sprawled herself on the ground, face first. Most people might lend a hand and help a girl up, but the couple just kind of stepped over her and carried on. Well, what else would you expect from Kanye, right?

EMILY LAURENCE/METRO NEW YORK



Amy Schumer falls in front of Kanye West and Kim Kardashian at the Time 100 Gala. GETTY IMAGES

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SHOPPERS
DRUG MART



Florals unfurl in spring decor

DESIGN CENTRE

Karl Lohnes

Punchy, graphic and bright floral patterns offer a pretty, modern edge this spring; let them bloom with these stylish accessories.

1
Cece Organic Duvet
Organic cotton duvet cover shows off a botanical scene of giant dahlias.
\$130, PotteryBarn.com

2
Faux Floral Arrangement
Everlasting floral arrangements add a burst of summer colour.
\$35, Homesense.ca

3
Asan Kantha Chair
Sit pretty on this occasional chair featuring a mix of industrial and floral.
\$750, CB2.com

4
Flower-Shaped Pancake Ring
Making pancakes and eggs just got a lot more fun.
\$5, CrateAndBarrel.com

5
Allyson Johnson Bold Floral and Dots Shower Curtain
Add a summer garden to your bathroom.
\$90, UrbanOutfitters.com

6
Daydream Floral Pillow With Feather Insert
Escape to a blooming garden by adding pastel and jewel tone florals.
\$49, Chapters.Indigo.ca



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Wallpaper designed by street artist Toxic for Pierre Frey (above and bottom). PIERRE FREY

Street art for your own wall

DECORATING

Artist Toxic designs wallpaper for Pierre Frey

The prestigious Parisian wallpaper and fabric maker has teamed with American street artist Toxic for a collaborative collection.

In an exclusive tie-up, Toxic and Pierre Frey have produced fabrics (\$312/metre), wallpaper (\$295/metre) and a panoramic wall covering (3.5 metres wide and 2.5 metres tall, \$1,380), all featuring vibrant colours and abstract, graffiti-style motifs.

There are two patterns available. The first is titled No Toys

Allowed, perhaps to indicate that Toxic's career is no longer a game, as it may have been in his formative years. The second motif.

Eighty/Thirty, commemorates the 80th anniversary of the Pierre Frey brand, founded in 1935, and the 30th year of Toxic's career as an artist.

Fittingly, the launch of the collection coincides with a Parisian museum exhibit that includes four of Toxic's paintings. Pressionism, The Masterpieces of Graffiti on Canvas from Basquiat to Bando, 1970-1990 will be on display at the Pinacothèque through Sept. 13.

A key figure on the graffiti scene in 1980s New York, Toxic painted his first works on trains and walls, using art to draw attention to issues

such as racial discrimination and violence.

He was friends with other future stars of the movement including Jean-Michel Basquiat, who was later brought into the spotlight in the art world by Andy Warhol, and Ram-mellzee.

In 2006, the Brooklyn Museum featured Toxic in its Graffiti exhibit, securing his reputation as one of the leading artists in the movement.

Three years later, his work was also featured in Paris at the Fondation Cartier's exhibit Né dans la rue — Graffiti.

This is not the first time Pierre Frey has collaborated with an artist. In September 2014, the brand invited French actress Louise Bourgoin to create a collection. AFP





Rainmen bring series home

NBL CANADA CHAMPIONSHIP

Halifax plays 1st of 3 games vs. Windsor here Thursday



Kristen Lipscombe
Metro | Halifax

The Halifax Rainmen have “their work cut out” for them, when they hit the Scotiabank Centre court for three championship-series games this week and — win or loss — when the franchise’s future is discussed after the season wraps up.

The Rainmen host defending National Basketball League of Canada champions the Windsor Express for Game 3 at 7 p.m. on Thursday.

The teams are tied 1-1 in the best-of-seven final, with the Express winning 113-104 in Game 1 and the Rainmen claiming the second matchup 100-93 last week at the WFCU Centre in Windsor.

“We’ve got a lot of work to do in the off-season,” Rainmen owner and president Andre Levingston said Wednesday. “We’ve got a lot of decisions to make.”

“But right now, we’re focusing on winning the championship.”

Levingston, a league co-founder and now its CEO and president, said earlier this season there’s “a risk” the Rainmen will be washed out of Halifax without more finan-

+ HONOURS

Young, Watson honoured by NBL Canada

Halifax Rainmen forward Kevin Young was named to the First All-NBLC Team and the NBLC All-Defence Team, while forward Tyrone Watson made the Second All-NBLC Team and NBLC All-Canada Teams, as announced Wednesday by the league.

Shooting guard Joey Haywood was also named an NBLC All-Canadian, while guards Seiya Ando and PJ Foster made the NBLC All-Rookie Team.

cial support from fans.

With three games in Halifax starting Thursday, including Game 4 set for Saturday and, if they win those, the Rainmen potentially claiming their first-ever league title with a Game 5 victory next Tuesday, the team could attract new followers in the coming days.

“Every game is important to the future of the franchise,” Levingston said. “But we’re on such great momentum right now; we’d like to see it continue because it’s good when you know that the city is behind you and they want you here.”

The Rainmen raised ticket prices following the first round of the playoffs. The costs are now \$23.75 for adults, \$19 for emergency workers and seniors, \$12.50 for students and \$10 for children, but Levingston isn’t concerned with recent



Halifax Rainmen forward Kevin Young manoeuvres around Windsor Express forward Chris Commons during NBL Canada regular-season action at the Scotiabank Centre in Halifax. JEFF HARPER/METRO

criticism over the move.

“We didn’t drastically raise our prices because we want everybody to be able to afford to come out,” he said. “Normally, professional teams, they raise their prices every round, but our first round we didn’t raise them at all.”

Levingston couldn’t say how

many tickets have been sold, just that “it seems to be pretty active,” but he believes Haligonians will get behind their Rainmen this week.

“This is Halifax’s team,” he said. “We don’t want to go back to Windsor. We want to win a championship on our own court.”

+ SERIES SCHEDULE

Game 3: Thursday, 7 p.m. AT, Scotiabank Centre
Game 4: Friday, 7 p.m. AT, Scotiabank Centre
Game 5: Sunday, 2 p.m. AT, Scotiabank Centre

Game 6*: Tuesday, 8 p.m. AT, WFCU Centre — Windsor
Game 7*: April 30, 8 p.m. AT, WFCU Centre — Windsor

*If necessary



Nikolaj Ehlers helped lead the Mooseheads to the second round of the QMJHL playoffs this spring. JEFF HARPER/METRO

HOCKEY

Mooseheads star gets recalled by Jets

The Winnipeg Jets recalled Nikolaj Ehlers, but he didn’t play in Game 4 against the Anaheim Ducks Wednesday night.

Coach Paul Maurice said the plan for Ehlers after arriving in town was to have dinner.

The goal is for the organization’s top forward prospect to observe, at least at first.

“We look at Nik as hopefully a real big part of our future,” Maurice said Wednesday after his team’s morning skate. “You’ve got to be in the build-

+ HERD BID ADIEU TO FANS

The Halifax Mooseheads will wish their fans a fond farewell Thursday evening.

The Herd hosts their annual Fan Farewell event from 6:30 to 8:30 p.m. on the first floor of the World

Trade and Convention Centre, which is connected to their home rink, the Scotiabank Centre, where players will sign autographs as a “thank you” to their loyal followers this season. METRO

ing to get a pace for this game, the speed and the physicality of it. It’s good for all of those guys, our younger players,

when we can, to witness that.”

Maurice said if the Jets — who trailed 3-0 in the series, — won Wednesday, he wouldn’t

rule out Ehlers being a “legitimate” option to play later in the series.

“From a contract standpoint point of view, we could put him in the lineup,” Maurice said. “He starts to skate when we get that chance.”

Ehlers was the Jets’ first-round pick, ninth overall, in last year’s draft. He had 37 goals and 64 assists for 101 points in 51 games for the Halifax Mooseheads of the Quebec Major Junior Hockey League.

THE CANADIAN PRESS

Sens keeps series alive

NHL PLAYOFFS

Habs frustrated as Ottawa wins one-goal game

Mike Hoffman scored in the third period and Craig Anderson made 28 saves for the shutout as the Ottawa Senators downed the Montreal Canadiens 1-0 on Wednesday night to stay alive in their first-round NHL playoff series.

WEDNESDAY In Ottawa

1 0
SENATORS CANADIENS

Montreal leads the best-of-seven series 3-1 and can wrap it up on home ice Friday night. Coach Dave Cameron had moved Hoffman, a rookie, from the fourth line up to the

second unit with Mika Zibanejad and Bobby Ryan during the first period.

It paid off in the third as Cody Ceci kept a Tom Gilbert clearing attempt in at the point and fed Hoffman in the left circle for quick shot that beat Carey Price 9:05 into the third period.

It was the fourth straight game the Senators scored first, but this time, the Canadiens didn't answer back.

Anderson, who made 47 saves

in his series debut in Game 3, was strong again for the Senators as they outshot Montreal 32-28. He sprawled to force Brandon Prust to slam the puck against the side of the net during a short-handed breakaway late in the second.

Only four teams have come back to win when trailing 0-3 in a series: Toronto in 1942, the New York Islanders in 1975, Philadelphia in 2010 and Los Angeles in 2014. THE CANADIAN PRESS



Habs defenceman Andrei Markov misses a shot at Craig Anderson's open net during Game 4. THE CANADIAN PRESS

NHL PLAYOFFS

Hayes' heroics puts Rangers in control

WEDNESDAY In Pitt

2 1
RANGERS PENGUINS

Kevin Hayes scored at 3:14 of overtime to give the New York Rangers a 2-1 victory over the Pittsburgh Penguins on Wednesday night in Game 4 of the Eastern Conference first-round series.

The Rangers lead the series 3-1 heading back to New York for Game 5 on Friday night.

In overtime, Martin St. Louis started a goalmouth scramble when he threw the puck in front on a wraparound attempt. The puck pinballed to Carl Hagelin and went across the crease for Hayes to flip it past fallen goalie Marc-Andre Fleury. The point was Hayes' first in the post-season.

New York's Derick Brassard tied it at 1 with 2:45 left in the second period with his third goal of the series. Patric Hornqvist opened the scoring at 2:22 of the first period.

Fleury and New York's Henrik Lundqvist each made 22 saves. The Penguins are a loss away from elimination after dropping consecutive home playoff games

to the NHL's best regular-season road team. The Rangers have won 12 of their last 13 on the road, allowing 15 goals.

Nine of the last 11 playoff games between the two teams have been decided by two or fewer goals, including four one-goal games in this series.

Hornqvist nearly ended it in the final minute of regulation, but Lundqvist denied him with a sliding save and Dan Girardi swept the rebound away from a gaping net.

The Penguins got the start they wanted when Hornqvist redirected Ben Lovejoy's point shot through Lundqvist's legs. They dominated the first 10 minutes, buzzing the Rangers' end and peppering Lundqvist with the first six shots.

It took the Rangers 11:35 to register their first shot on goal Wednesday, one game after Pittsburgh needed 15:10 for its first shot of the game. The Penguins continued to press in the second period, but couldn't pad the lead. New York, which scored the opening goal in the first three games of the series and held a 2-0 lead in two of its wins, tied it when Brassard poked at the puck until it went across the goal line.

THE ASSOCIATED PRESS

IN BRIEF

Hawks manage to edge past Brave Nets again

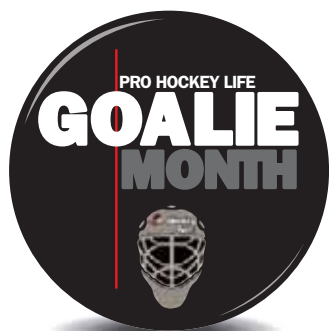
Paul Millsap scored 19 points and the top-seeded Atlanta Hawks again survived a tougher-than-expected test from the Brooklyn Nets, holding on for a 96-91 victory and a 2-0 lead in their Eastern Conference playoff series Wednesday. Squandering an early 12-point lead, the Hawks fell behind before halftime and spent the rest of the game struggling to put away the No. 8 seed. The best-of-seven series now shifts to Brooklyn. Game 3 is Saturday. THE ASSOCIATED PRESS

Travis hits form to help Jays break Baltimore

Rookie second baseman Devon Travis had three hits, including the go-ahead two-run homer, as the Toronto Blue Jays topped the Baltimore Orioles 4-2 on Wednesday. THE CANADIAN PRESS



Devon Travis (right) THE CANADIAN PRESS



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RECIPE Bok Choy Salad with Mandarin Oranges and Ginger Dressing



EAT LIGHT AT HOME

Rose Reisman
rosereisman.com

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Ready in

Prep time: 15 minutes
Serves: 6

Ingredients

- 6 oz extra firm tofu cut into cubes
- 12 oz baby bok choy, trimmed and sliced
- 2 green onions, chopped
- 1/3 cup dried cranberries
- 1/2 cup fresh or canned and drained mandarin segments
- 1/4 cup toasted sliced almonds
- 3 Tbsp chopped cilantro or parsley dressing
- 1/3 cup minced red onion
- 2 1/2 Tbsp vegetable oil
- 2 1/2 Tbsp rice wine vinegar
- 2 1/2 Tbsp water
- 1 1/2 Tbsp ketchup
- 1 Tbsp minced ginger
- 1 Tbsp light soy sauce

- 1 1/2 tsp sesame oil
- 1 1/2 tsp granulated sugar
- 1 1/2 tsp lemon juice
- 1/2 tsp minced garlic

Directions

1. In grill or sauté pan, sear tofu cubes just until browned on both sides, about 5 minutes. Set aside.
2. Place bok choy, green onions, cranberries and mandarins on serving platter. Garnish with almonds and cilantro.
3. Dressing: In small bowl or food processor, puree all ingredients until smooth. Pour over top salad and mix well. Add tofu.

Nutrition per serving

- Calories 186 • Protein 8.6 g
- Carbohydrates 14.0 g
- Fibre 2.2 g • Total fat 11.6 g
- Saturated fat 0.8 g
- Cholesterol 0 g
- Sodium 169 mg

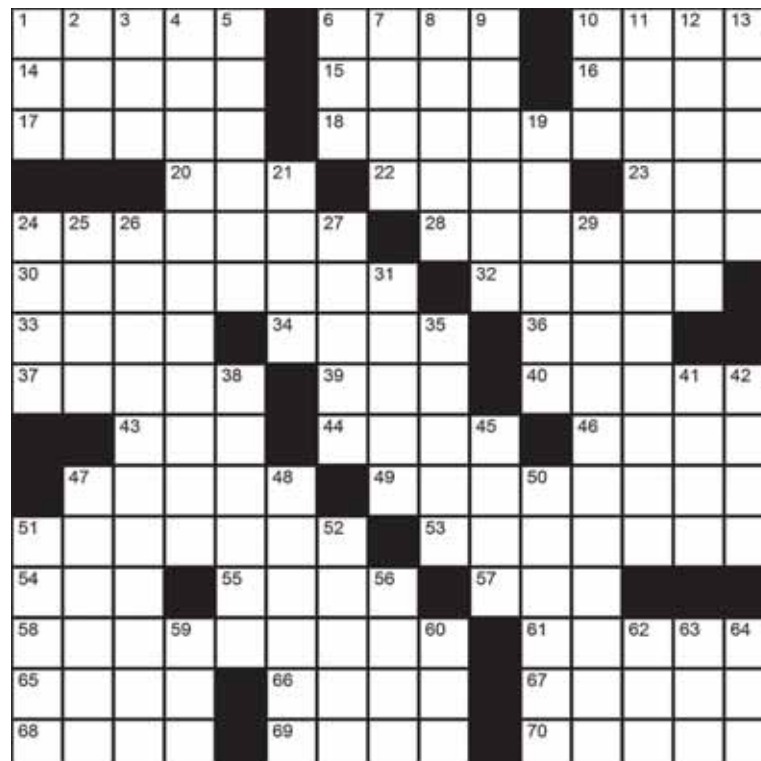
PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Uses the text-thickening function
6. Thunder god
10. First word of Virgil's epic Latin poem Aeneid
14. Streamlet
15. Sulk
16. Casual affirmative
17. Dylan __, "Orphan Black" star
18. Saskatchewan town southwest of Saskatoon
20. One-eighty turn, slangily
22. Eminem's Shady
23. Canuck, curtly
24. Smokestack
28. Growled
30. Kiesza hit
32. "Wavin' Flag" singer
33. "Konvicted" rapper
34. Chocolate/toffee Hershey bar
36. Don't hire a pro, e.g.
37. U.S. airline
39. U.S. state, e.g.
40. "Happy Days" name
43. Cleveland NBA-er
44. Herman Melville: Captain in Billy Budd, Sailor
46. "Weeell?"
47. "Mack the Knife" singer Bobby
49. "Steal My ___" by Canadian group Len
51. Many are exhausted after one: 2 wds.



53. Mr. Cage
54. Prefix meaning 'Outer'
55. Caustics
57. Stock index, with Jones
58. Bugs living under a rock, as an example of one
61. ___ and Sara (Music duo from Calgary)

65. Marching instrument
66. Office memo abbr.
67. Prefix meaning 'Rainbow'
68. Gentle
69. British Columbia's ___ National Park
70. Plus

DOWN

1. Consumer protection agcy.
2. Lisa __, Canadian etiquette expert
3. "___ Grant"
4. April 23rd to May 3rd, 2015: Canadian International ___ Festival, in Toronto
5. British Colum-

6. Online celeb gossip source
7. Cultivates
8. Some stones
9. Fix a chain, say
10. Ms. Rand
11. Some of Prince Edward Island's 'land'scape is distinguished by

- it: 3 wds.
12. Fairytale figure
13. Lend __ (Help out)
19. Christopher Plummer's actress daughter
21. Archery bow trees
24. Country of Africa
25. Go back-packing
26. Viewer voting leads to a new one each week on Ryan Seacrest's show: 2 wds.
27. Comedy's Mr. Smirnoff
29. Song by Canadian singer Pagliaro, fitting for April's weather
31. Yesteryears
35. Already-shown show
38. In a keen manner
41. Charlie Chaplin's last wife
42. Negative replies
45. Barenaked Ladies song
47. Rucellai Madonna painter
48. Oppose/reject
50. Nova __
51. Bellyaches
52. Bryan Adams' "The Best Was ___ Come"
56. Comic actor Mr. Green
59. Kit
60. Telephone trio
62. Soldiers
63. 'Block' suffix
64. Negative word

★ IT'S ALL IN THE STARS by Sally Brompton

♈ Aries March 21 - April 20

Everyone gets things wrong once in a while and you are no exception. If you make an error of judgment today - and you will - don't try to deny it. Accept your mistake then set about putting it right.

♉ Taurus April 21 - May 21

With the Sun in your sign your confidence is high, but you still have a vague feeling that everything could fall apart at any moment. Don't worry, it won't, but your intuition could be telling you something. What could it be?

♊ Gemini May 22 - June 21

This is a time for reflection, a time for looking back over the previous 12 months or so and learning what you can from both your successes and your failures.

♋ Cancer June 22 - July 23

Someone who is usually very open with you will be secretive for no good reason today, but don't take it to heart because it is unlikely to have anything to do with you personally.

♌ Leo July 24 - Aug. 23

Anyone who thinks they can take advantage of your trusting nature will soon learn that you are not so easily deceived. Trusting you may be, but stupid you are not - as they will find out to their detriment today.

♍ Virgo Aug. 24 - Sept. 23

If your intuition tells you to follow a certain course of action then do so even if everyone else thinks you are mad. Listen to that little voice inside your head - and close your ears to everything else.

♎ Libra Sept. 24 - Oct. 23

If you ask someone for a favor today chances are they will be more than willing to help you out. But don't expect to get what you want for free.

♏ Scorpio Oct. 24 - Nov. 22

Personal problems may seem much bigger than they actually are at the moment, so wait until the weekend before making important decisions.

♐ Sagittarius Nov. 23 - Dec. 21

You have so much to do but time is limited, so don't waste even a second on things that are not connected to your long-term ambitions.

♑ Capricorn Dec. 22 - Jan. 20

Seize the initiative today and let everyone around you know that you intend to take what it is you

desire rather than wait for others to give it to you. The Sun in Taurus makes all things possible.

♒ Aquarius Jan. 21 - Feb. 19

Don't be surprised if you feel a bit moody today, even though most things in your life appear to be going well at the moment. You will be back to your normal self come the weekend.

♓ Pisces Feb. 20 - March 20

You don't need to pound rivals into submission, not when your way with words is such that you can sweet talk them into doing whatever it is you desire. Whether your words are sincere is another matter entirely, of course.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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ESi AT model shown*



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